

I have been volunteering with Children Cancer Foundation (CCF) since 2021 through various activities.

- 1) Recently, I was featured in CCF's newsletter. Article attached.

 Passing It On

A Journey of Grace and Strength – Tanusha Sarmah

In the vibrant tapestry of life, Tanusha's thread gleams with an extraordinary resilience, marking a journey of courage, hope, and victory.

At 12, Tanusha Sarmah encountered a formidable adversary: cancer. Today, as she turns 17, her saga as a proud survivor, supported by the Children's Cancer Foundation (CCF), stands as a testament to the indomitable human spirit and the power of community support.

Tanusha's life, once filled with the innocence of childhood, took a dramatic turn with her diagnosis. The early days post-diagnosis were a whirlwind of urgent medical consultations and treatments, leaving her little time to dwell on her fate. Yet, amidst the fear and uncertainty, Tanusha faced her condition with remarkable bravery and altruism. Before chemotherapy claimed her hair, she donated it, transforming a moment of potential sorrow into an act of grace and generosity.



The physical and emotional toll of her treatment journey was significant, yet Tanusha found solace in unexpected places. A child-friendly storybook, 'Tom Has Lymphob,' provided by the CCF, offered comfort and understanding, making the daunting path of chemotherapy feel less lonely. Despite the challenges—hair loss, diminished energy, and mobility issues—she discovered an outpouring of support from classmates and the wider community, reaffirming the power of collective compassion.



Tanusha's passion for Bharatnatyam, a classical Indian dance form, served as her anchor and beacon of recovery. While her condition initially stifled her expression, her unwavering dedication, coupled with the support of her devoted teacher, gradually rekindled her ability to dance. Her journey back to the stage became a metaphor for reclaiming her life, transforming her from a shy girl into a confident survivor and spokesperson for those battling cancer.



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Her arangetram, a solo performance marking her mastery of Bharatnatyam, became a celebration of life, resilience, and the culmination of her journey from a cancer patient to a survivor. The narrative dance 'Varnam,' woven with emotions mirroring her own experiences, showcased her triumphant return and resilience, embodying the transformative power of art and determination.



Embracing her role as an ambassador for cancer awareness, Tanusha initiated "Humans of Lymphoma," connecting individuals affected by lymphoma and fostering a supportive community. Her advocacy underscores the importance of solidarity in the face of adversity, illustrating that the journey of healing and overcoming is a collective endeavor. Tanusha wishes to become a medical researcher to develop new treatment for paediatric cancer patients.

Tanusha's story, from her battle with cancer through her return to dance and activism, inspires us all. It reflects the essence of the Children's Cancer Foundation's mission: to support, to uplift, and to celebrate every child's fight against cancer. Her tale illustrates that with a supportive community, unwavering determination, and a heart full of hope, challenges can be faced and overcome.

Let Tanusha's story inspire you to act, to give, and to embrace the power of community. Together, we can make a difference in the lives of those fighting cancer, transforming trials into triumphs and reimagining endings as new beginnings.

帽子日
Hats on day

11月8日
8 Nov
November 8th

全城「帽」動

Hats We Wear, Care We Share!

November 8 is our Hats On Day, Throughout the city, you'll notice the Hats On Day footprint proudly displayed. Wear your hat to show your support for children bravely battling cancer. Together, we can make a difference!

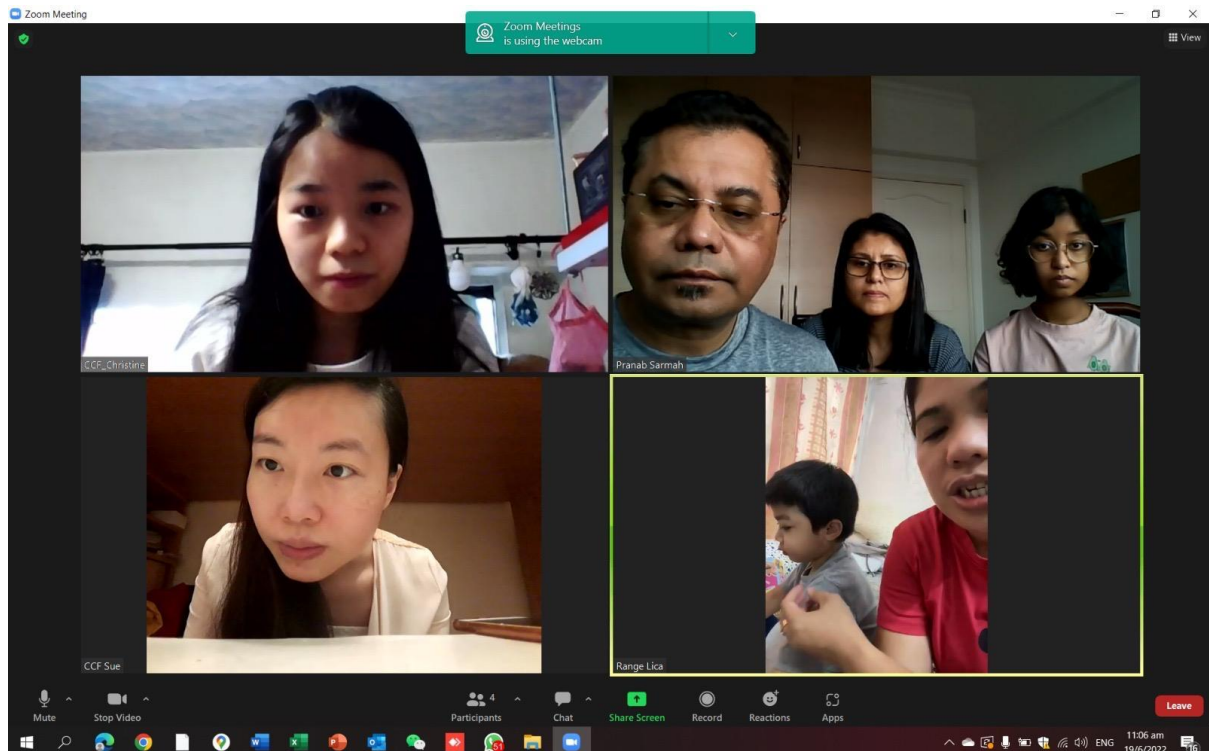


Hats On Day Video



Support Children's Cancer Foundation, Igniting Hope along the Cancer Journey

- 2) Speech for a public primary school in 2021 which I prepared in an effort to raise awareness about cancer treatment and Lymphoma.
<https://youtu.be/v8XisEQVmUo>
- 3) A Q&A session with CCF in which I answered questions about my experience and raised awareness of childhood cancer treatments.
https://youtu.be/_qu1UEB0QLg
- 4) Zoom call with CCF's cancer-fighting community as a peer support and mentoring activity. Spoke to over 5 expatriate families fighting childhood cancer in Hong Kong.



- 5) Interview with CCF's CEO, Ms. Vera Chin to prepare a video to share with CCF's cancer-fighting community.
<https://youtu.be/UdbCQAIzs4I>

- 6) Volunteered at a charity fundraising event organized by CCF, raising funds for the foundation in 2022.



7) Volunteered at a charity fundraising event organised by CCF in October, 2024.

